

28 July 2026

Freedom of Information request 176-2627

Request

Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

- a) The median waiting time in weeks from GP referral to first assessment appointment
- b) The total number of people currently on the waiting list

The four assessment types are:

1. Adult ADHD assessment
2. CAMHS (under 18) ADHD assessment
3. Adult autism assessment
4. CAMHS (under 18) autism assessment

If any of the above is not held in a readily reportable format, please provide the nearest available equivalent and indicate what that is.

Response

NHS Borders does not routinely record and/or report waiting times specifically for patients referred for an ADHD or Autism assessment electronically.

This information is not held electronically. The data may be held in a patient's medical record, but to extract this data would require a manual trawl of all patient records and the cost of carrying out this work would exceed the £600 prescribed limit set in the Fees Regulations of the Freedom of Information (Scotland) Act 2002 and under Section 12 we are not required to provide. Please note NHS Borders does not have a digital medical records system, therefore patients' medical records are in paper-form.

If you are not satisfied with the way your request has been handled or the decision given, you may ask NHS Borders to review its actions and the decision. If you would like to request a review please apply in writing to, Freedom of Information Review, NHS Borders, Education Centre, Borders General Hospital, Melrose, TD6 9BD or foi.enquiries@borders.scot.nhs.uk.

The request for a review should include your name and address for correspondence, the request for information to which the request relates and the issue which you wish to be reviewed. Please state the reference number **176-2627** on this request. Your request should be made within 40 working days from receipt of this letter.

If following this review, you remain dissatisfied with the outcome, you may appeal to the Scottish Information Commissioner and request an investigation of your complaint. Your request to the Scottish Information

Commissioner should be in writing (or other permanent form), stating your name and an address for correspondence. You should provide the details of the request and your reasons for dissatisfaction with both the original response by NHS Borders and your reasons for dissatisfaction with the outcome of the internal review. Your application for an investigation by the Scottish Information Commissioner must be made within six months of your receipt of the response with which you are dissatisfied. The address for the Office of the Scottish Information Commissioner is, Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife.