

FREEDOM OF INFORMATION (SCOTLAND) 2002

Thank you for your email, dated 21 September where you requested information through the Freedom of Information (Scotland) Act 2002. Please find below responses to the questions you raised.

1. Does the board currently operate any assessment pathway for children and young people with suspected ADHD or autism (through CAMHS, community paediatrics, or a neurodevelopmental service)? Which service carries it out, and are GP referrals accepted?

Yes. NHS Dumfries and Galloway operate assessment pathways for children and young people. Referrals for neurodevelopmental assessment are handled by the multidisciplinary Neurodevelopmental Assessment Service (NDAS). Where ADHD is the only assessment required, referrals are handled by CAMHS. Both services accept GP and self-referrals.

2. The number of children and young people currently on any waiting list on which such referrals are held — a simple count of the current list, in whatever format it is kept. No waiting-time calculation is requested.

As at 30/09/2026 there are 2412 patients on the waiting list.

*NOTE: We cannot identify as to why the patient has been referred to NDAS, so these are all waits, not just ADHD/Autism

3. The number of referrals received for children's ADHD or autism assessment in the most recent 12 months, if referrals are logged centrally.

Between 01/10/2025 and 30/09/2026 there were 482 patients referred

*NOTE: We cannot identify as to why the patient has been referred to NDAS, so these are all waits, not just ADHD/Autism

4. Whether any adult ADHD or autism assessment provision has been established, or is planned, since July 2026.

NHS Dumfries and Galloway do not routinely provide NHS assessments for adults aged 18 and over with suspected ADHD or autism. Patients must meet the criteria for secondary care assessment, which takes account of co-morbid mental health conditions and the level of functional impairment.

Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Dumfries and Galloway has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request, and you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within forty working days from 20 October 2026 and should, in the first instance, be in writing to Julie White, Chief Executive, NHS Dumfries and Galloway, Ground Floor North, Mountainhall Treatment Centre, Bankend Road, Dumfries DG1 4AP or by e-mail to dg.feedback2@nhs.scot. You must provide your name, an address for correspondence, details of your original request and why you want a review.

If our decision is unchanged following review and you remain dissatisfied with this, you have the right to make a formal appeal to the Scottish Information Commissioner. Requests for appeal should be made in writing to the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS, telephone 01334 464610, fax 01334 464611 or email: enquiries@FOI.scot

Yours sincerely

A handwritten signature in black ink, appearing to read 'J. White', is positioned above the printed name of the Freedom of Information Officer.

Freedom of Information Officer