

[REDACTED]
hello@adhdscot.co.uk

Date: July 10th 2026

Our Ref: FOI/0010464

Enquiries to: fv.freedomofinformation@nhs.scot

Direct Line: 01786 457313

Dear [REDACTED]

FREEDOM OF INFORMATION REQUEST: FOI/0010464

We have dealt with your request in accordance with the Freedom of Information (Scotland) Act 2002. For ease of reference, we have copied your request below:

I am making a request under the Freedom of Information (Scotland) Act 2002 on behalf of ADHD Scot, an independent, non-clinical information project providing trusted, reliable information on ADHD and autism assessments in Scotland, for both NHS and private providers.

I intend to publish the data on the ADHD Scot website (adhdscot.co.uk) in a simple table format, showing each Scottish health board's figures alongside the date the data was provided, to help people understand current waiting times and consider their options.

Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

a) The median waiting time in weeks from GP referral to first assessment appointment

Response:

b) The total number of people currently on the waiting list

Response:

The four assessment types are:

- 1. Adult ADHD assessment**
- 2. CAMHS (under 18) ADHD assessment**
- 3. Adult autism assessment**

4. CAMHS (under 18) autism assessment

Response: Response: NHS Forth Valley does not operate condition-specific adult ADHD or autism assessment pathways. Where appropriate, ADHD and autism may be assessed and treated by our Secondary Care Community Mental Health Teams, where patients meet the referral criteria for secondary care services.

As a result, median waiting times and waiting list numbers for ADHD and autism assessments are not recorded in a format that can be readily extracted or analysed. Providing the requested information would require a manual review of individual records for all patients referred to the service, which would involve significant time and resources. We are therefore unable to fulfil your request within the reasonable cost limit.

Accordingly, under section 12 of the Freedom of Information (Scotland) Act 2002, we are unable to provide the information because the cost of doing so would exceed the statutory limit.

It may be helpful to note that, for patients who meet the criteria for assessment by our Secondary Care Community Mental Health Teams, our target is to see accepted referrals within 12 weeks of receipt.

CAMHS does not operate condition-specific waiting lists. Children are invited to meet with a member of the CAMHS Team for an initial Choice appointment, where the referral, next steps and most appropriate pathway are discussed.

As a result, NHS Forth Valley does not hold median waiting times or waiting list numbers for ADHD and autism assessments in a format that can be readily extracted or analysed. Providing this information would require a manual review of individual records for all patients referred to the service, involving significant time and resources. We are therefore unable to fulfil this part of your request within the reasonable cost limit. Accordingly, under section 12 of the Freedom of Information (Scotland) Act 2002, we are unable to provide this information, as the cost of doing so would exceed the statutory limit.

It may be helpful to note that, for patients referred by their GP and treated so far in 2026, the median wait for a Choice appointment is 5 weeks. There are currently 431 young people awaiting a Choice appointment.

We hope this is of assistance. If you are unhappy with the way we have dealt with your request, you are entitled to request a review. You have 40 working days upon receipt of this response to ask for a review. You can request a review by email to: fv.freedomofinformation@nhs.scot or writing to us at: Information Governance Department, NHS Forth Valley, Carseview House, Castle Business Park, Stirling, FK9 4SW.

If you wish to request a review, please state:

- That you are asking for a review, and
- Why you are unhappy with the response you have received.

If you are not content with the outcome of the review, you then have the right to ask the Scottish Information Commissioner for advice and assistance or a formal appeal. You must submit an

appeal to the Commissioner within 6 months of receiving our review response. You can submit an appeal via the Scottish Information Commissioner's website: www.foi.scot/appeal or by writing to: Office of the Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS. You can also contact the Commissioner by telephone: 01334 464610

Please feel free to contact us should you require any further advice or assistance regarding our handling of your request or your review and appeal rights.

Yours sincerely

Fiona Rosser
Information Governance Department
NHS Forth Valley Carseview House Castle Business Park
Stirling FK9 4SW

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