Information Governance

Medical Directorate
NHS Grampian
Foresterhill Lea Building,
Foresterhill Site
Westburn Road
Aberdeen
AB25 2ZY

BY EMAIL
[redacted]
hello@adhdscot.co.uk

Date 20 October 2026
Our Ref FOI/2026/801
Enquiries to Information Governance Team
Extension 54983
Direct Line 01224 554983
Email gram.foi@nhs.scot

Dear [redacted]

Freedom of Information (Scotland) Act 2002

I refer to your e-mail dated 20 September 2026, requesting:

"I am making a request under the Freedom of Information (Scotland) Act 2002 on behalf of ADHD Scot (adhdscot.co.uk). This updates your response FOI/2026/531. So there is no need to retrieve the original, your figures as at 17 July 2026 were: adult ADHD (Aberdeen City HSCP) 194 weeks / 1,823 waiting; adult autism (Aberdeen City and Moray HSCPs combined) 130 weeks / 1,838 waiting; Moray adult ADHD 567 on a list open since September 2021 with no active service; Aberdeenshire HSCP no pathway; children — 682 awaiting a first CAMHS triage appointment (all seen within 18 weeks) and 2,220 on the Community Child Health new-patient list (estimated 49 weeks urgent, 70 weeks routine). I request:

1. The current equivalent of each of those figures, on the same basis, as at the most recent date for which data is held.
2. For adult ADHD (Aberdeen City HSCP): the longest current wait of anyone on the list, and the number who have currently waited more than two years.
3. The number of adult ADHD assessments completed by Aberdeen City HSCP in the most recent 12 months for which data is held.
4. Whether any adult ADHD or autism assessment provision has been established for Aberdeenshire HSCP residents since July 2026.
If the basis of any figure has changed, please state what changed. If the cost limit is engaged, please prioritise item 1, then 2, then 3. I would prefer to receive the information by email."

I can now respond as follows:

I am making a request under the Freedom of Information (Scotland) Act 2002 on behalf of ADHD Scot (adhdscot.co.uk). This updates your response FOI/2026/531. So

there is no need to retrieve the original, your figures as at 17 July 2026 were: adult ADHD (Aberdeen City HSCP) 194 weeks / 1,823 waiting; adult autism (Aberdeen City and Moray HSCPs combined) 130 weeks / 1,838 waiting; Moray adult ADHD 567 on a list open since September 2021 with no active service; Aberdeenshire HSCP no pathway; children — 682 awaiting a first CAMHS triage appointment (all seen within 18 weeks) and 2,220 on the Community Child Health new-patient list (estimated 49 weeks urgent, 70 weeks routine).

I request:

1. The current equivalent of each of those figures, on the same basis, as at the most recent date for which data is held.
Aberdeenshire HSCP - No active service.

Moray HSCP - 578 on waiting list, no current service.

Aberdeen City HSCP - For ADHD - 198 weeks (median) / 1950 waiting.

Aberdeen City/Moray HSCPs - For Autism - 129 weeks (median) / 1921 waiting.

NHSG CAMHS - For individuals aged under 18 years of age, across NHS Grampian assessment and diagnosis of Neurodevelopmental Disorders (including ADHD) in children and young people up to the age of 18 currently occurs within Community Child Health (CCH) services and / or within Child and Adolescent Mental Health Services (CAMHS), depending on clinical presentation and complexity. In NHS Grampian CAMHS, all patients referred to CAMHS are seen via a 1st triage appointment initially which includes all patients referred to CAMHS, all patients are generally see within the 18 week RTT target. Unfortunately, we are unable to split the data to show those awaiting autism assessment or ADHD assessment; s.17 of the Act refers – Information not held.

As of 31st August 2026, there was 710 patients awaiting a 1st triage appointment, 6 patients were waiting over 18 weeks.

2. For adult ADHD (Aberdeen City HSCP): the longest current wait of anyone on the list, and the number who have currently waited more than two years.
Aberdeen City HSCP - The longest current wait is 217 weeks, and the number of people who have currently waited more than 2 years is 1105.

3. The number of adult ADHD assessments completed by Aberdeen City HSCP in the most recent 12 months for which data is held.
Aberdeen City/Moray HSCPs - 33 assessments were completed within the period 1st September 2025 to 31st August 2026.

4. Whether any adult ADHD or autism assessment provision has been established for Aberdeenshire HSCP residents since July 2026.
There is currently no active service in Aberdeenshire HSCP.

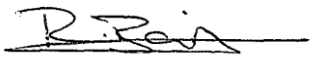
Under section 20 (1) of the Act, if you are dissatisfied with the way NHS Grampian has dealt with your request, you have a right to request a review of our actions and decisions in relation to your request. Should you be unhappy with the outcome of that review you have a right to appeal to the Scottish Information Commissioner.

A request for review must be made within 40 working days and should, in the first instance, be in writing to: Directorate of Corporate Communications, Foresterhill House, Foresterhill, Aberdeen, AB25 2ZB or by email to gram.foi@nhs.scot

Requests for appeal can be made by using the Scottish Information Commissioner's online service at www.itspublicknowledge.info/Appeal or should be made in writing to: Scottish Information Commissioner, Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS Telephone: 01334 464610, Fax: 01334 464611.

If you remain dissatisfied following an appeal to the Scottish Information Commissioner your recourse is to the Court of Session on a point of law.

Yours sincerely



Roohi Bains
Information Governance Manager & Deputy DPO
NHS Grampian