

**Corporate Services and
Governance**

NHS Greater Glasgow and Clyde
Corporate HQ
J B Russell House
Gartnavel Royal Hospital Campus
1055 Great Western Road
GLASGOW
G12 0XH



SENT BY EMAIL TO

hello@adhdscot.co.uk

Your Ref

**Our Ref
Email**

FOI 2601315

ggc.foi.dalian@nhs.scot

22 July 2026

Dear [REDACTED]

REQUEST FOR INFORMATION - FREEDOM OF INFORMATION (SCOTLAND) ACT 2002

Thank you for your request received on 24 June 2026 for the provision of the following information:

Request:

I am making a request under the Freedom of Information (Scotland) Act 2002 on behalf of ADHD Scot, an independent, non-clinical information project providing trusted, reliable information on ADHD and autism assessments in Scotland, for both NHS and private providers.

I intend to publish the data on the ADHD Scot website (adhdscot.co.uk) in a simple table format, showing each Scottish health board's figures alongside the date the data was provided, to help people understand current waiting times and consider their options.

Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:

- a) The median waiting time in weeks from GP referral to first assessment appointment*
- b) The total number of people currently on the waiting list*

The four assessment types are:

- 1. Adult ADHD assessment*
- 2. CAMHS (under 18) ADHD assessment*
- 3. Adult autism assessment*
- 4. CAMHS (under 18) autism assessment*

We are treating your request under our procedures for responding to requests for information under the Freedom of Information (Scotland) Act 2002.

Response:

In responding, we are providing data from two different services and so they are presented slightly differently.

a) The median waiting time in weeks from GP referral to first assessment appointment

b) The total number of people currently on the waiting list

Adult ADHD assessment

Adult autism assessment

Our response is provided in table 1.

Service Type	HSCP	Number Waiting	Median Wait (Weeks)
Autism	Area Wide Service	2,641	65
ADHD	East Dunbartonshire	635	56
	East Renfrewshire	582	67
	Glasgow City	4,907	139
	Inverclyde	296	84
	Renfrewshire	2,207	88
	West Dunbartonshire	259	58
	All Areas	8,886	111

Table 1: Nos. waiting and median waits

Notes:

1. Table 1 shows the number of patients currently waiting for autism and ADHD assessments, with associated waiting times.
2. Patients referred from all referral sources are shown, not just those referred by GPs. Although the majority of patients are referred to these services by their GP, some patients are referred from other sources.
3. Data source: EMIS MH data extract
4. Extract date 5 July 2026

a) The median waiting time in weeks from GP referral to first assessment appointment

b) The total number of people currently on the waiting list

CAMHS (under 18) ADHD assessment

CAMHS (under 18) autism assessment

The following information is a response from the NHSGGC Specialist Children's Services. These are data for all children for ages 0 to 17 inclusive (up to 18th birthday).

The NHSGGC Specialist Children's Service (SCS) started implementing a new Neurodevelopmental (ND) Pathway in 2022. As of April 2024, this was fully implemented across all NHSGGC teams. This is in line with the national service specification for all those under 18 years of age. Currently, the ND pathway only holds children of school age. Any pre-school children with autism as the reason for referral may be supported within the NHSGGC autism-specific service where available.

The NHSGGC Neurodevelopmental Pathway supports all neurodevelopmental referrals which includes ADHD, Autism, FASD (Fetal Alcohol Spectrum Disorder) amongst other neurodevelopmental conditions.

School age neurodevelopmental pathway

As of 1 July 2026, there were 4,921 children and young people on the ND Pathway Waiting List with a referral reason containing ASD, and there were 2,563 children and young people on the ND Waiting List with a referral reason containing ADHD.

There were also 3,056 children and young people on the ND Pathway Waiting List with a combined referral reason of ASD & ADHD.

Referral Reason	No. of children and Young People on ND Pathway Waiting List at 01/07/2026	Median Wait of those on Waiting List from all referral sources (weeks)	Median Wait of those on Waiting List from GP referrals (weeks)
ASD*	4921	108	105
ADHD*	2563	113	120
ADS /ADHD	3056	80	111

Table 2: Nos. of children and young people waiting and median waits

*These referrals are predominately single referral reason (i.e. only ASD or ADHD), however some are combined with other neurodevelopmental conditions such as FASD.

Please note the following:

- These figures do not represent the entirety of the ND Pathway Waiting List – there are children and young people with a referral reason other than ASD or ADHD and some have no given referral reason.
- The reason for referral is not mandatory when referring. As such the numbers within this response may be an underrepresentation of the true number of children and young people referred for ASD, ADHD or a joint assessment.
- Additionally, the reason for referral is not fixed. Therefore, the reason given for referral may be different from the diagnosis a child or young person receives from the Service
- Some of the children and young people on the ND Pathway Waiting List may have been seen elsewhere within NHSGGC SCS Services
- There may be children and young people within NHSGGC SCS who have a referral that includes ASD or ADHD who are being seen in a service other than the ND Pathway - for instance in CAMHS. NHSGGC SCS cannot currently report on these cases.

NHSGGC SCS is unable to robustly report out a breakdown of waits from referral to assessment by referral reason and/or source but we can tell you that the median wait for patients who had their first ND appointment in June 2026 was 90 weeks.

Pre-school ASD pathway

As of 4 July 2026, there were 2,060 children waiting for a first appointment on the NHSGGC SCS Pre-School Autism Pathway.

Please note the following:

- Pre-school children are required to see a paediatrician to rule out any other developmental conditions prior to accessing an autism assessment which may appear as longer waits in reporting waits for autism assessment. As such, children on the autism waiting list will have been seen previously prior to being on this list.

I hope that this is helpful. If you are not satisfied with our response to your request, you have a right to request a review of this decision within 40 working days of receiving this response. Your request for review must be in permanent form and should state:

- That you are asking for a review of this decision and
- Why you are unhappy with the response you have received.

**Director of Corporate Services and Governance
NHS Greater Glasgow & Clyde
Corporate HQ, JB Russell House
Gartnavel Royal Hospital
1055 Great Western Road
Glasgow G12 0XH**

Or by email to:

ggc.foi.dalian@nhs.scot

If following a review you remain dissatisfied with the outcome, you have the right to ask for advice, assistance or to make a formal appeal in writing to the Scottish Information Commissioner within six months of receiving the outcome of a review. The Commissioner can be contacted at:

enquiries@foi.scot
www.foi.scot

or at: **Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS.**

If following appeal to the Scottish Information Commissioner you still remain dissatisfied with the outcome, you have a right of appeal to the Court of Session on a point of law against the decision of the Scottish Information Commissioner.

Should you require any clarification about this letter or the right to request a review please contact me at the details at the top of the first page of this letter.

Yours sincerely

Freedom of Information Officer