

**Corporate Services and
Governance**

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SENT BY EMAIL TO

[REDACTED]
hello@adhdscot.co.uk

Your Ref

Our Ref
Email

FOI 2602337
ggc.foi.dalian@nhs.scot

19 October 2026

Dear [REDACTED]

REQUEST FOR INFORMATION - FREEDOM OF INFORMATION (SCOTLAND) ACT 2002

Thank you for your request received on 20 September 2026 for the provision of information in relation to numbers waiting and waiting times for ADHD and autism assessment, updating our response issued to you on 5 July 2026 (our ref 2601315).

Request:

- 1. The current equivalent of all of those figures, on the same basis and with the same caveats, as at the most recent date for which data is held — including the six-area adult ADHD breakdown, the area-wide adult autism figure, both GP-referred under-18 CAMHS figures, the combined under-18 count, and the pre-school autism count.*
- 2. For adult ADHD, board-wide and for Glasgow City: the longest current wait-so-far of anyone on the list, and the number who have currently waited more than two years.*
- 3. The number of adult ADHD assessments completed in the most recent 12 months for which data is held, board-wide.*

We are treating your request under our procedures for responding to requests for information under the Freedom of Information (Scotland) Act 2002.

Response:

- 1. The current equivalent of all of those figures, on the same basis and with the same caveats, as at the most recent date for which data is held — including the six-area adult ADHD breakdown, the area-wide adult autism figure, both GP-referred under-18 CAMHS figures, the combined under-18 count, and the pre-school autism count.*

As was the case with our previous response, our data come from two different teams, and so are provided slightly differently.

The following information is a response from the NHSGGC Specialist Children's Services. This will be data for all children for ages 0 to 17 years inclusive (up to 18th birthday).

The NHSGGC Specialist Children's Service (SCS) started implementing a new Neurodevelopmental (ND) Pathway in 2022. As of April 2024, this was fully implemented across all NHSGGC teams. This is in line with the national service specification for all those under 18 years of age. Currently, the ND pathway only holds children of school age. Any pre-school children with a reason for referral of autism may be supported within the NHSGGC autism specific service where available.

The NHSGGC Neurodevelopmental Pathway supports all neurodevelopmental referrals which includes ADHD, Autism, FASD amongst other neurodevelopmental conditions.

School age neurodevelopmental pathway

As of the 2 September 2026, there were 4,852 children and young people on the ND Pathway Waiting List with a referral reason containing ASD and there were 2,498 children and young people on the ND Waiting List with a referral reason containing ADHD.

There were also 3,057 children and young people on the ND Pathway Waiting List with a combined referral reason of ASD & ADHD.

We are providing our response in Table 1.

Referral Reason	No. of children & young people on ND Pathway waiting list at 2 September 2026	Median wait of those on waiting list from all referral sources (weeks)	Median wait of those on waiting list from GP referrals (weeks)
ASD*	4,852	114	109
ADHD*	2,498	118	124
ASD/ADHD	3,057	84	117

Table 1: Nos. of children and young people on waiting lists and median waits

*These referrals are predominately single referral reason (i.e. only ASD or ADHD), however some are combined with other neurodevelopmental conditions such as FASD.

As of the 2 September 2026, the current longest wait for a child or young person with a mention of ASD in their reason for referral is 251 weeks.

As of the 2 September 2026, the current longest wait for a child or young person with a mention of ADHD in their reason for referral is 249 weeks.

As of the 2 September 2026, the current longest wait for a child or young person with a mention of joint reason of ASD/ADHD in their reason for referral is 243 weeks.

Please also note the following:

- These figures do not represent the entirety of the ND Pathway Waiting List – there are children young people with a referral reason other than ASD or ADHD and some have no given referral reason.
- Reason for referral is not mandatory when referring. As such the numbers within this response may be an underrepresentation of the true number of children and young people referred for ASD, ADHD or a joint assessment.
- Additionally, reason for referral is not fixed, therefore the reason given for referral may be different from the diagnosis a child or young person receives from the service
- Some of the children and young people on the ND Pathway Waiting List may have been seen elsewhere within NHSGGC SCS Services
- There may be children and young people within NHSGGC SCS who have a referral that includes ASD or ADHD that are being seen in a service other than the ND Pathway - for instance in CAMHS. NHSGGC SCS cannot currently report on these cases.

NHSGGC SCS is unable to report robustly on a breakdown of waits from referral to assessment by referral reason and/or source.

Please see Table 2, shown below, for the waits of patients who had their first ND appointment in August 2026.

Length of wait (weeks)	Patients who had their first ND appointment in August 2026
Average waiting time	130 weeks
Median waiting time	162 weeks
Longest waiting time	241 weeks

Table 2: Length of waits for patients whose 1st appointment was in August 2026

Pre-school ASD pathway

As of 24 September 2026, there were 2,101 children waiting for a first appointment on the NHSGG&C SCS Pre-School Autism Pathway.

Please note the following:

- Pre-school children are required to see a paediatrician to rule out any other developmental conditions prior to accessing an autism assessment which may appear as longer waits in reports of waits for autism assessment. As such, children on the autism waiting list will have been seen previously prior to being on this list.

1. The current equivalent of all of those figures, on the same basis and with the same caveats, as at the most recent date for which data is held — including the six-area adult ADHD breakdown, the area-wide adult autism figure, both GP-referred under-18 CAMHS figures, the combined under-18 count, and the pre-school autism count.

The following information is in relation to adult services.

The current waiting times for adults are shown in Table 3.

Service Type	HSCP	Number Waiting	Minimum Wait (Weeks)	Maximum Wait (Weeks)	Average Wait (Weeks)	Median Wait (Weeks)	90th Percentile Wait (Weeks)
Autism	Area Wide Service	2,704	0	208	70	69	124.7
ADHD	East Dunbartonshire	688	0	186	71	62	150.6
	East Renfrewshire	607	0	233	78	74	150
	Glasgow City	4,895	32	286	150	152	220
	Inverclyde	305	1	193	93	95	176.8
	Renfrewshire	2,378	0	273	93	94	172
	West Dunbartonshire	287	0	224	63	66	98
	All Areas	9,160	0	286	120	120	204

Table 3: Current waiting times summary for adult Autism and ADHD referrals

Data source: EMIS MH data extract

Extract date: 03-Oct-2026

- This table shows the number of patients currently waiting for autism and ADHD assessments, with associated waiting times.
- Patients referred from all referral sources are shown, not just those referred by GPs.
- Although the majority of patients are referred to these services by their GP, some patients are referred from other sources.
- The waiting times shown are unadjusted i.e. they're not adjusted for DNAs, cancellations and periods of patient unavailability.

2. For adult ADHD, board-wide and for Glasgow City: the longest current wait-so-far of anyone on the list, and the number who have currently waited more than two years.

Please see our response in Table 4

Service Type	HSCP	Number Waiting	Maximum Wait (Weeks)	Number Waiting > 2 Years
Autism	Area Wide Service	2,704	208	524
ADHD	East Dunbartonshire	688	186	170
	East Renfrewshire	607	233	202
	Glasgow City	4,895	286	3,744
	Inverclyde	305	193	142
	Renfrewshire	2,378	273	1,054

	West Dunbartonshire	287	224	20
	All Areas	9,160	286	5,332

Table 4: Current waiting times - Longest waits and nos. of waits over 2 Years

Data source: EMIS MH data extract

Extract date: 03-Oct-2026

- This table shows the number of patients currently waiting for autism and ADHD assessments, with associated waiting times.
- Patients referred from all referral sources are shown, not just those referred by GPs.
- Although the majority of patients are referred to these services by their GP, some patients are referred from other sources.
- The waiting times shown are unadjusted i.e. they're not adjusted for DNAs, cancellations and periods of patient unavailability.

3. The number of adult ADHD assessments completed in the most recent 12 months for which data is held, board-wide.

The number of assessments completed are shown in Table 5

Service Type	HSCP	Number of Assessments
Autism	Area Wide Service	301
ADHD	East Dunbartonshire	125
	East Renfrewshire	69
	Glasgow City	94
	Inverclyde	14
	Renfrewshire	250
	West Dunbartonshire	7
	All Areas	559

Table 5: Assessments completed (1 April 2025 to 31 March 2026)

Data source: EMIS MH data extract

Extract date: 03-Oct-2026

- This table shows the number of patients assessed by adult autism and ADHD services during the financial year 2025/26.
- A patient is assumed to have been assessed, if their referral was accepted, and they attended an initial appointment with the service.

I hope that this is helpful. If you are not satisfied with our response to your request, you have a right to request a review of this decision within 40 working days of receiving this response. Your request for review must be in permanent form and should state:

- That you are asking for a review of this decision and

- Why you are unhappy with the response you have received.

**Director of Corporate Services and Governance
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1055 Great Western Road
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Or by email to:

ggc.foi.dalian@nhs.scot

If following a review you remain dissatisfied with the outcome, you have the right to ask for advice, assistance or to make a formal appeal in writing to the Scottish Information Commissioner within six months of receiving the outcome of a review. The Commissioner can be contacted at:

enquiries@foi.scot
www.foi.scot

or at: **Kinburn Castle, Doubledykes Road, St Andrews, Fife, KY16 9DS.**

If following appeal to the Scottish Information Commissioner you still remain dissatisfied with the outcome, you have a right of appeal to the Court of Session on a point of law against the decision of the Scottish Information Commissioner.

Should you require any clarification about this letter or the right to request a review please contact me at the details at the top of the first page of this letter.

Yours sincerely

Freedom of Information Officer