

hello@adhdscot.co.uk

Date: 20 October 2026
Your Ref:
Our Ref: FOI: 29997
Please quote reference number on all correspondence

Enquiries to: FOI Team
Email: nhsh.foirequestshighland@nhs.scot

Dear [REDACTED]

**Freedom of Information (Scotland) Act 2002 – Request Ref 29997
ADHD and Autism Assessment Waiting Times (update to FOI 29528)**

Thank you for your request for information which we received on 21 September in relation to the above. Your request has been handled in accordance with the Freedom of Information (Scotland) Act 2002 (FOISA). Please find below an extract from your request and our response.

- I am making a request under the Freedom of Information (Scotland) Act 2002 on behalf of ADHD Scot (adhdscot.co.uk). This updates your response FOI 29528. So there is no need to retrieve the original: as at 27 July 2026 you reported adult ADHD 38 weeks / 433 waiting and adult autism 127 weeks / 443 waiting (noting the data cannot distinguish whether the first appointment was for screening, triage or assessment — that basis is accepted for comparability), while under-18 ADHD and autism figures were not held under section 17. I request:

- The current equivalent of the adult ADHD and adult autism figures, on the same basis (first appointment however defined), as at the most recent date for which data is held.

	Median Wait in Weeks	Total Waiting
ADHD	32	500
Autism	136	372

- For adult ADHD and adult autism: the longest current wait of anyone on the list, and the number who have currently waited more than two years.

	Longest Wait in Weeks	Greater than 2 years
ADHD	163	39
Autism	360	290

3. The number of adult first appointments (ADHD and autism) delivered in the most recent 12 months for which data is held.

	Appt Delivered in last 12 months
ADHD	78
Autism	8

4. For under-18s, as the nearest available equivalent per your previous response: the current general CAMHS waiting-list count and median wait.

	Median Wait in Weeks	Total Waiting
CAMHS	7	127

I hope this response is helpful. If you wish to discuss this response or have any questions about this, please do not hesitate to get in touch quoting the reference number above.

Your right to request a review

Under section 20(1) of the Act, if you have made a request and are unhappy with our response, you have the right to request an internal review. You can do this by making a formal request in writing to the:

Freedom of Information Officer
NHS Highland
Assynt House
Beechwood Park
Inverness, IV2 3BW

or by email nhsh.foirequestshighland@nhs.scot

Your request should explain why you wish a review to be carried out and should be made within forty working days of receiving this letter.

Appealing to the Scottish Information Commissioner

If you remain dissatisfied following the investigation of your review, then you have the right to appeal to the Scottish Information Commissioner within 6 months of the date of receiving the review response. You can request an appeal by accessing the [Online Appeal Service](#) on the Commissioner's website.

If you do not wish to appeal online, you can also contact the Commissioner by email or post as follows:

The Scottish Information Commissioner
Kinburn Castle
Doubledykes Road
St Andrews
Fife, KY16 9DS

Email: enquiries@foi.scot
Telephone: 01334 464610

Yours sincerely

Heather Campbell
Freedom of Information Officer