

[Redacted]
info@nhslothian.scot

Date 30 July 2026
Your Ref
Our Ref 11646

Enquiries to Richard Mutch
Extension 35687
Direct Line 0131 465 5687
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Dear [Redacted]

FREEDOM OF INFORMATION – ADHD WAITS

I write in response to your request for information in relation to ADHD waits.

Question:

- Please provide the following two figures for each of the four assessment types listed below, as current point-in-time figures where possible, or alternatively for the most recent available period:
 - The median waiting time in weeks from GP referral to first assessment appointment
 - The total number of people currently on the waiting list

The four assessment types are:

- Adult ADHD assessment
- CAMHS (under 18) ADHD assessment
- Adult autism assessment
- CAMHS (under 18) autism assessment

After clarification - Unable to report on ADHD and Autism assessments separately; provide a combined summary for both assessment types.

Answer:

- a) The median waiting time in weeks from GP referral to first assessment appointment

Adults Median wait to Assessment	177
CAMHS Median wait to Assessment	141.5

- b) The total number of people currently on the waiting list

No. Adults Waiting at 22/07/2026	12,769
No. of children under 18 waiting at 22/07/2026	12,275

I hope the information provided helps with your request.

If you are unhappy with our response to your request, you do have the right to request us to review it. Your request should be made within 40 working days of receipt of this letter, and we will reply within 20 working days of receipt. If our decision is unchanged following a review and you remain dissatisfied with this, you then have the right to make a formal complaint to the Scottish Information Commissioner within 6 months of receipt of our review response. You can do this by using the Scottish Information Commissioner's Office online appeals service at www.itspublicknowledge.info/Appeal. If you remain dissatisfied with the Commissioner's response you then have the option to appeal to the Court of Session on a point of law.

If you require a review of our decision to be carried out, please write to the FOI Reviewer at the email address at the head of this letter. The review will be undertaken by a Reviewer who was not involved in the original decision-making process.

FOI responses (subject to redaction of personal information) may appear on NHS Lothian's Freedom of Information website at: <https://org.nhsllothian.scot/FOI/Pages/default.aspx>

Yours sincerely

ALISON MACDONALD
Executive Director, Nursing
Cc: Chief Executive